

Thank you for registering for the nearly SOLD-OUT DeWitt Crossroads Youth Triathlon presented by First Central State Bank. This is only the 2nd year for this event. We are excited to offer a safe and fun event on Friday, August 2nd, 2019.

Race day timeline

4:00 PM DeWitt Aquatic Center closes to the general public

4:15 PM chip distribution begins at DAC

4:15 PM athletes begin getting marked for competition

4:15 PM transition opens

5:30 PM transition closes – all athletes need to be setup and ready to go

5:45 PM pre-race briefing

6:00 PM National Anthem

6:00 PM Senior division begins competition

*8:00 PM awards ceremony to begin.

*Awards will begin when results are compiled, and all athletes have finished.

Packet Pickup has 2 options:

Wednesday, July 31st, 2019 / 4:30 – 6:00 PM Crawford Brew Works, LLC

3659 Devils Glen Rd, Bettendorf, IA 52722 / (563) 332-0243 / crawfordbrewworks.com

Thursday, August 1st, 2019 / 4:00 – 6:00 PM / Central DeWitt HS – Auxiliary Gymnasium enter Door #34
519 E 11th St / DeWitt, IA 52742

We strongly encourage you to attend one of the 2 packet pickups. If you are unable to attend a packet pickup, you must get your packet on Friday, August 2nd when transition opens at 4:15 PM. Your athlete will get the t-shirt size they registered for. We do not have the ability to change the shirt size.

At packet pickup, your athlete will receive his/her race bib, swimming cap, sticker sheet, t-shirt, Hammer Nutrition items and more.

Stickers: 1 for the front of your helmet, 1 for your swim cap, 1 for your bicycle seat post. You are responsible for securing your stickers.

Make sure you have your swim cap and goggles for the swim portion.

Make sure you have your bib visible and secured for the bicycle and run portions.

Our event will be held at DeWitt Aquatic Center (DAC), 1000 14th Street. For safety purposes, there is no parking at DeWitt Aquatic Center / DeWitt Fitness Center. The parking areas are being used for the transition area. We recommend you park at Ekstrand Elementary School - 1140 15th St, DeWitt, IA 52742. 14th Street will NOT be available for parking due to the bike route. Do not park anywhere on the bike route. A Google map of the area including Ekstrand Elementary School can be found [here](#).

Chip distribution will begin at 4:15 PM at DeWitt Aquatic Center by our timing partner - End Result Company <http://theendresultco.com>. Athletes will be marked via marker with their bib # (lower right leg) and age (left calf) at this time. You must have your chip and be marked to compete. No exceptions. You must be checked in and marked by 5:30PM.

The transition area will be closed at 5:30 PM. No parents or spectators will be allowed in the transition area after this point. Make sure you are setup and ready to go by 5:30 PM.

All athletes will be required to show one of our volunteers that their bicycle helmet fits properly when they arrive in transition. Make sure your helmet is secured and cannot slide down and cover your eyes. Volunteers will be on hand in transition to check your helmet as well as help locate your bike stall and answer your questions. Helmets will be available to anyone who needs one. Ask a volunteer if you need one. If your bicycle is too small to rest on the bike rack and has a kickstand, you may use the kickstand if your bicycle stays under its assigned number. Ask a volunteer if you are unsure.

A race briefing will begin at 5:45 PM inside DeWitt Aquatic Center. Parents will be able to view the swim portion from the grass on the south side of the pool. Parents will NOT be allowed on the pool deck. You may want to bring a chair, as there are not seats. Entrance to the pool area for spectators will only be via the gate located on 14th Street. The main entrance to DAC will only be used by athletes and volunteers.

Reminder that this event is a looped event.

Senior athletes (ages 12-15 as of December 31, 2019) will do **3 loops on the bike and run routes.**

Intermediate athletes (ages 9-11 as of December 31, 2019) will do **2 loops on the bike and run routes.**

junior athletes (ages 6-8 as of December 31, 2019) will do **1 loop on the bike and run routes.**

Parents – please make sure your athlete is aware of how many loops they are required to complete. We will have volunteers on the course to help, but it is ultimately the athlete's responsibility.

The senior division will begin at 6 PM. The intermediate division will begin when all senior athletes have completed the swim portion and are all away on their bicycles. The junior division will begin when the intermediate division has completed the swim portion and are away on their bicycles. The staggering of events is necessary for both the timers and volunteers to assist with the looping. Please be prepared for this format.

When leaving DAC to spectate the rest of the event, you will leave the pool via the gate on 14th Street. You will not be able to walk through the main entrance or the closed transition area. You can walk West on 14th Street and turn right on 15th Street towards the run course. Please stay off the course while the competition is taking place. We encourage you to cheer for all the athletes. Have fun.

All athletes will finish adjacent to the outdoor basketball court. The finish line will be marked by a 20-foot inflatable blue wiggly tube man. You cannot miss him. Each athlete will receive a finishers medal. The timing company and post-race party will be located on the basketball court.

The awards ceremony will take place when all athletes have completed the entire course. Awards will be given to the top 3 Male and Female finishers in each category. Junior, Intermediate and Senior. Reminder, ages are determined as of 12-31-19. Awards are generously sponsored by Custom Pak.

Volunteers for our event will be wearing purple shirts that are marked volunteer on the back. Please ask them if you have any questions. We are happy to help you or find someone who can help you. If you have a

question about timing or results, please visit with the timing company directly. They will be located on the basketball court. We have contracted them to handle all the timing and results.

Our event is staffed entirely by community volunteers. Thanks to our title sponsor, First Central State Bank for their contributions as well to our other business supporters. We could not hold our event without them and of course you, our athletes. Thank you!

Below are some links to the swim, bike and run routes. Please make yourself and your athletes familiar with them. For best viewing, please use satellite mode when viewing these links.

[Swim Route – Senior Division](#)

[Swim Route – Intermediate Division](#)

[Swim Route – Junior Division](#)

[Bike course](#)

[Run Course](#)

If you have questions, please contact race director, Kevin Lake at kevin.lake@cityofdewittiowa.org

We look forward to seeing you in DeWitt on Friday, August 2nd.